

Rescued

Themes from the Psalms

LTCNW 2020

LTCNW Bible Bowl questions will be taken from this study guide. The 2011 New International Version of the Bible is the translation used for this study guide. Please consult that translation of the NIV as much of the language changed from previous editions that impacts the reading of many passages. In the study questions, "*Psalmist*" refers to the author of the individual Psalm and "**Editors**" refers to the Jewish scribes who added headings that indicate the probable historical setting of a Psalm.

Psalms covered in the study guide:

1; 2; 3; 4; 8; 14; 19; 22; 23; 25;27; 32; 34; 42; 43; 44; 46; 51; 63; 71; 84; 86; 90; 91; 95; 100; 103; 116; 121; 124; 127; 130; 133; 137; 139; 148

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Psalm 1

1) According to Psalm 1, in what does a blessed person delight?

- A) The grace of God
- B) The way of the world
- C) The destruction of the wicked
- D) The law of the Lord

2) According to Psalm 1, how often does a blessed person meditate on the Law?

- A) Weekly
- B) Day and night
- C) Monthly
- D) Morning and noon time

3) According to Psalm 1, what is a blessed person like?

- A) A cloud in the deep blue sky
- B) A tree planted by streams of water
- C) A strong fortress
- D) A leaf that withers

4) According to Psalm 1, to what are the wicked compared?

- A) Chaff that the wind blows away
- B) Grass that dries up in the sun
- C) A tree planted by a river
- D) An army that is defeated in battle

5) According to Psalm 1, the wicked will not _____ in the judgment.

- A) Stand
- B) Fall
- C) Enter
- D) Cry out

6) According to Psalm 1, how does the Lord treat the righteous?

- A) He ignores their cries
- B) He exalts their position
- C) He watches over their way
- D) He increases their wealth

7) According to Psalm 1, where does the way of the wicked eventually lead?

- A) Conversion
- B) Destruction
- C) Blessedness
- D) Holiness

Psalm 2

1) According to Psalm 2, what do the nations do against God's anointed?

- A) Conspire and Plot
- B) Mock and punish
- C) Scoff and rebuke
- D) Rise up and band together

2) According to Psalm 2, what do the kings of the earth do against God's anointed?

- A) Conspire and Plot
- B) Mock and punish
- C) Scoff and rebuke
- D) Rise up and band together

3) According to Psalm 2, how does the "one enthroned in heaven" respond to the nations and the kings of the earth?

- A) He laughs
- B) He scoffs
- C) He rebukes
- D) All of the above

4) According to Psalm 2, what does the Lord's decree say about God's king?

- A) You are my son
- B) You are victorious
- C) You will reign forever
- D) You deserve honor

5) According to Psalm 2, what are the kings and rulers of the earth warned to do?

- A) Serve the Lord
- B) Celebrate his justice
- C) Run and hide
- D) Kneel before him

6) According to Psalm 2, what are the kings and ruler told to do regarding the son?

- A) Serve him
- B) Crown him
- C) Kiss him
- D) Anoint him

7) According to Psalm 2, what are the people called who take refuge in the son?

- A) Christians
- B) Blessed
- C) Servants
- D) Prophets

8) Where does Psalm 2 appear in the New Testament?

- A) Matthew 5
- B) Romans 10
- C) Acts 22
- D) Acts 4

Psalm 3

The editors of the Hebrew Bible indicate that Psalm 3 was written by _____ when he was _____.

- A) David, fleeing from Absalom
- B) Absalom, disciplined by David
- C) Solomon, fighting against Absalom
- D) Solomon, anointed king by David

2) According to Psalm 3, what were people saying about God?

- A) God will deliver him
- B) God is unjust in his discipline
- C) God will not deliver him
- D) God is hiding from him

3) According to Psalm 3, from where does God answer the Psalmist when he cries out?

- A) His heavenly abode
- B) His holy temple
- C) His holy mountain
- D) His deepest ocean

4) According to Psalm 3, the Psalmist can “lie down and sleep” because...

- A) The Lord sustains me
- B) My enemies are foolish
- C) My army is strong
- D) The Lord has forgotten me

5) According to Psalm 3, how many people is the Psalmist not afraid of?

- A) A million
- B) Tens of thousands
- C) One hundred
- D) None of the above

6) According to Psalm 3, what does the Psalmist call upon God to do?

- A) Arise & deliver
- B) Stand back and destroy
- C) Speak forth and humble
- D) Send thunder and lightning

7) According to Psalm 3, where does the Psalmist want God to strike his enemies?

- A) On the jaw
- B) On the head
- C) In the stomach
- D) In the back

Psalm 4

1) According to Psalm 4, the Psalmist begs that the almighty will “Answer me when I call to you, my _____.”

- A) Holy Lord
- B) Righteous Lord
- C) Righteous God
- D) Mighty God

2) According to Psalm 4, the Psalmist asks the people “how long will you _____”

- A) Love delusions
- B) Love immorality
- C) Worship idols
- D) Forget to worship

3) According to Psalm 4, what happens when a faithful servant calls to God?

- A) God comes to him
- B) God sends help to him
- C) God remembers him
- D) God hears him

4) According to Psalm 4, where are the readers physically located when they are to “search your hearts and be silent”?

- A) In your fields
- B) In God’s temple
- C) On the mountain of the Lord
- D) On your beds

5) According to Psalm 4, many are asking, “who will bring us _____”?

- A) Prosperity
- B) Good news
- C) Victory
- D) Some food

6) According to Psalm 4, what does the Psalmist ask God to do with his heart?

- A) Fill it with joy
- B) Make it hard as stone
- C) Strengthen it like iron
- D) Fill it with contentment

7) According to Psalm 4, because the Lord makes his people dwell in safety, they can lie down and sleep in

_____.

- A) Comfort
- B) Peace
- C) Fear
- D) Rejoicing

Psalm 8

1) According to Psalm 8, the LORD's name is majestic _____.

- A) In the heavens
- B) In all the earth
- C) Above the heavens
- D) From east to west

2) According to Psalm 8, where has the Lord set his glory?

- A) In the heavens
- B) Among his people
- C) Under the waters of the sea
- D) In the world

3) According to Psalm 8, whose praise has established a stronghold against his enemies?

- A) Priests and kings
- B) Prophets and Priests
- C) Mothers and fathers
- D) Children and infants

4) According to Psalm 8, what elements of the heavens does the Psalmist specifically say the LORD set in place?

- A) Galaxies and planets
- B) Clouds and lightning
- C) Moon and stars
- D) Sun and moon

5) According to Psalm 8, what has God made mankind?

- A) A little lower than the angels
- B) A little higher than the angels
- C) A little higher than the son of God
- D) A little higher than the beasts of the field

6) According to Psalm 8, who has God made mankind rulers over?

- A) Flocks and herds
- B) Eagles in the nests
- C) Reptiles on the ground
- D) All of the above

7) Which of these books of the New Testament quotes Psalm 8?

- A) Revelation
- B) Acts
- C) Hebrews
- D) Jude

Psalm 14

1) According to the editors of the Hebrew Bible, Psalm 14 was written by whom?

- A) Sons of Korah
- B) Solomon
- C) David
- D) Anonymous

2) The fool's heart says there is no what, in Psalm 14?

- A) God
- B) Ocean
- C) Death
- D) Life

3) According to Psalm 14, the people are devoured like _____

- A) Bread
- B) Sheep
- C) Manna
- D) Wood

4) According to Psalm 14, what do evildoers do with the plans of the poor?

- A) Assist them
- B) Frustrate them
- C) Destroy them
- D) Devour them

5) Who will rejoice when the Lord restores his people, according to Psalm 14?

- A) Egypt
- B) Abraham
- C) Isaac
- D) Jacob

Psalm 19

1) According to Psalm 19, what do the heavens declare?

- A) The Glory of Man
- B) The Glory of God
- C) The Majesty of God
- D) The Works of God

2) What do the heavens reveal in Psalm 19?

- A) Wisdom
- B) Knowledge
- C) God's glory
- D) Joy

3) What is the sun compared to in Psalm 19?

- A) A bridegroom and a champion
- B) A runner and a singer
- C) An angel and a child
- D) A father and a mother

4) According to Psalm 19, the law of the Lord is what?

- A) Glorious
- B) Awesome
- C) Everlasting
- D) Perfect

5) According to Psalm 19, what do the commands of the Lord give the eyes?

- A) Joy
- B) Light
- C) Brightness
- D) Radiance

6) What do we ask God to forgive in Psalm 19?

- A) Sins
- B) Hidden faults
- C) Willful sins
- D) Sins of our children

7) According to Psalm 19, the words of my mouth and meditation of my heart is what?

- A) My one thing
- B) Pleasing to the Lord
- C) Pleasing in your sight
- D) Ongoing

Psalm 22

1) What tune is Psalm 22 set to?

- A) Mary's song
- B) Doe of the evening
- C) Sheep of the evening
- D) Doe of the morning

2) Who quotes Psalm 22:1 in the New Testament?

- A) John the Baptist
- B) Jesus
- C) Paul
- D) Jesus' mother Mary

3) Who put their trust in the Lord, according to Psalm 22?

- A) Our ancestors
- B) Abraham
- C) Israelites
- D) Our descendants

4) The Psalmist compares himself to what animal in Psalm 22?

- A) Worm
- B) Snake
- C) Sheep
- D) Dog

5) According to Psalm 22, what insults do they hurl?

- A) "He trusts in the Lord, let the Lord rescue him."
- B) "He has no children."
- C) "You're not worthy of your calling."
- D) "The Lord will not win this fight."

6) Those who seek the Lord, will do what according to Psalm 22?

- A) Glorify him
- B) Praise him
- C) Find him
- D) Worship him

7) According to Psalm 22, all the ends of the earth will remember and....?

- A) Praise the Lord.
- B) Turn to the Lord.
- C) Sing to the Lord.
- D) Follow the Lord.

8) According to Psalm 22, what will be proclaimed and declared?

- A) He has done it!
- B) He is worthy!
- C) He is the chosen one!
- D) He is alive!

Psalm 23

1) According to Psalm 23, what occupation is assigned to the Lord?

- A) Shepherd
- B) Baker
- C) Carpenter
- D) Priest

2) The Lord leads me beside what in Psalm 23?

- A) A rough river
- B) Quiet lakes
- C) Quiet waters
- D) A silent stream

3) Where is the table prepared in Psalm 23?

- A) Behind me
- B) Beside me
- C) Before me
- D) Below me

4) According to Psalm 23, what brings comfort?

- A) Your rod and staff
- B) Your words and spirit
- C) Your hand and touch
- D) Your heart and mind

5) According to Psalm 23, how long will I dwell in the house of the Lord?

- A) All the days of my life
- B) Forever
- C) Until old age
- D) Infinity

Psalm 25

1) According to Psalm 25, who will shame come on?

- A) Those who are treacherous without cause
- B) Sinners
- C) Those on the wrong path
- D) The unrighteous

2) According to Psalm 25, where is the great mercy and love of the Lord from?

- A) Of old
- B) The past
- C) His spirit
- D) His word

3) What does the Lord instruct sinners about in Psalm 25?

- A) His love
- B) His ways
- C) His truth
- D) His peace

4) According to Psalm 25, who does the Lord confide in?

- A) Those who love him
- B) Those who study him
- C) Those who praise him
- D) Those who fear him

5) What does the author ask the Lord to guard in Psalm 25?

- A) His heart
- B) His life
- C) His words
- D) His songs

6) According to Psalm 25, what does the Psalmist ask the Lord to deliver Israel from?

- A) All their worries
- B) All their enemies
- C) All their troubles
- D) All their fears

Psalm 27

1) According to Psalm 27, who will stumble and fall when they come against David?

- A) Family and friends
- B) Enemies and foes
- C) Brothers and sisters
- D) Evil doers and scum

2) According to Psalm 27, who is the stronghold for David's life?

- A) Jehovah
- B) Lord
- C) Jesus
- D) Church

3) According to Psalm 27, where will God hide David in the day of trouble?

- A) In His dwelling
- B) In His sacred tent
- C) In the shadow of His wings
- D) In His love

4) According to Psalm 27, David said, "at His sacred tent I will sacrifice with _____."

- A) Love and mercy
- B) Dancing and singing
- C) Shouts of joy
- D) Harps and lyres

5) According to Psalm 27, what did David's heart say of God?

- A) Seek His grace!
- B) Seek His face!
- C) Seek His counsel!
- D) Seek His love!

6) According to Psalm 27, who will receive David?

- A) Father and mother
- B) Brothers
- C) Friends
- D) Lord

7) According to Psalm 27, who is rising up against David "spouting malicious accusations"?

- A) Baal worshipers
- B) Philistines
- C) False witnesses
- D) False prophets

8) According to Psalm 27, David said he would remain confident of this:

- A) I will see the glory of the Lord
- B) I will see the face of God
- C) I will see the goodness of the Lord
- D) I will see the house of the Lord

9) According to Psalm 27, what is the one thing David asks from the Lord?

- A) Live long
- B) Happiness
- C) Toothbrush
- D) Dwell in the house of the Lord

10) According to Psalm 27, David instructs to be strong and take heart and _____.

- A) Be courageous
- B) Wait for the Lord
- C) Challenge the enemy
- D) Be patient

Psalm 32

1) According to Psalm 32, what are forgiven?

- A) Transmissions
- B) Transactions
- C) Transgressions
- D) Transformers

2) According to Psalm 32, what are covered?

- A) Sheep
- B) Goats
- C) Sins
- D) Transgressions

3) According to Psalm 32, what happened to David's bones when he kept silent?

- A) Wasted away
- B) Osteoporosis
- C) Became weak
- D) Became brittle

4) According to Psalm 32, what happened to David's strength when God's hand was upon him day and night?

- A) Was sappy
- B) Was sticky
- C) Was sapped
- D) Was stringy

5) According to Psalm 32, what did God do when David confessed his transgressions?

- A) Forgave his debt
- B) Forgave the nation
- C) Forgave the guilt of his sins
- D) All of the above

6) According to Psalm 32, what type of songs did God surround David with after he confessed?

- A) Passion
- B) Glory
- C) Deliverance
- D) Country

7) According to Psalm 32, what are the faithful instructed to do while He may be found?

- A) Peek at Him
- B) Pray to Him
- C) Seek Him
- D) Kneel in front of Him

8) According to Psalm 32, which animals are you not to be like: _____ and _____?

- A) Tiger, Lion
- B) Chicken, Crow
- C) Elephant, Rhino
- D) Horse, Mule

9) According to Psalm 32, what surrounds the one who trusts in the Lord?

- A) The Lord's compassion
- B) The Lord's grace
- C) The Lord's unfailing love
- D) The Lord's peace

10) Where in the New Testament is the beginning of Psalm 32 quoted?

- A) Romans 4:7-8
- B) John 22:2-3
- C) Revelation 1:8
- D) I Corinthians 3:4-5

Psalm 34

1) According to editors of the Hebrew Bible, what was David pretending to be in Psalm 34?

- A) Insane
- B) Cheerful
- C) Mourning
- D) Depressed

2) According to Psalm 34, what will David do “at all times”?

- A) Exhale
- B) Extol
- C) Glorify
- D) Cry

3) According to Psalm 34, “His praise will always be on my _____”.

- A) Nose
- B) Heart
- C) Mind
- D) Lips

4) According to Psalm 34, those who look to the Lord are what?

- A) Rational
- B) Radiator
- C) Radiant
- D) Rodent

5) According to Psalm 34, those who look to the Lord have faces that are never covered with what?

- A) Mud
- B) Joy
- C) Shame
- D) Fear

6) According to Psalm 34, who is it that encamps around those who fear Him?

- A) The Angel of the Lord
- B) Angels in the outfield
- C) Angel of death
- D) Angel of light

7) According to Psalm 34, we are to _____ and see that the Lord is good.

- A) Smell
- B) Hear
- C) Taste
- D) Feel

8) According to Psalm 34, what do those who fear the Lord lack?

- A) Worries
- B) Nothing
- C) Everything
- D) Armor

9) According to Psalm 34, what do those who seek the Lord lack?

- A) Money
- B) Fame
- C) Power
- D) No good thing

10) According to Psalm 34, what may the righteous person have?

- A) Many troubles
- B) Many friends
- C) Many fortunes
- D) Many stones

11) According to Psalm 34, who is the Lord close to?

- A) The rich
- B) The poor
- C) The brokenhearted
- D) The broken-spirited

12) According to Psalm 34, who will rescue His servants?

- A) The Lord
- B) Jehovah
- C) The Mighty One
- D) The future

Psalm 42

1) According to Psalm 42, what pants for streams of water?

- A) Gazelle
- B) Panther
- C) Deer
- D) Sheep

2) According to Psalm 42, what pants for God?

- A) Sole
- B) Soul
- C) Heart
- D) Brain

3) According to Psalm 42, what has been food day and night?

- A) Bread
- B) Sorrow
- C) Love
- D) Tears

4) According to Psalm 42, what do the people say all day long?

- A) Where is your God?
- B) Where is the temple?
- C) Where is your faith?
- D) Where is your goat?

5) According to Psalm 42, who protected him when he went to the house of God?

- A) The Mighty One
- B) Jehovah
- C) The Lord
- D) A&B

6) According to Psalm 42, what kind of throng was in the house of God?

- A) Joyful
- B) Angry
- C) Festive
- D) Passive

7) According to Psalm 42, from which Mount does he remember God?

- A) Matzo
- B) Mizpah
- C) Mizar
- D) Moriah

8) According to Psalm 42, _____ calls to _____ underneath the roar of your waterfalls.

- A) Deep, deep
- B) Mind, body
- C) Soul, spirit
- D) The Lord, the world

9) According to Psalm 42, by day the Lord directs His love. What is with him at night?

- A) Song
- B) Psalm
- C) Horn
- D) Moon

10) According to Psalm 42, what suffers mortal agony as his enemies taunt him?

- A) Skull
- B) Bones
- C) Heart
- D) Bosom

Psalm 43

1) According to Psalm 43, who does the Psalmist want God to plead his case against?

- A) An angry people
- B) An unfaithful nation
- C) An arrogant nation
- D) An ugly nation

2) According to Psalm 43, who does the Psalmist want to be rescued from?

- A) Deceitful and wicked people
- B) Cruel and hateful people
- C) Bullies and meanies
- D) Enemies and thieves

3) According to Psalm 43, what does the Psalmist want God to send?

- A) Sword and shield
- B) Light and faithful care
- C) Light and helmet
- D) Love and faithful care

4) According to Psalm 43, where does the “light and faithful care” bring the Psalmist?

- A) Your holy mountain
- B) Your holy temple
- C) Your undying love
- D) Fountain of youth

5) According to Psalm 43, what will the Psalmist praise God with?

- A) Lire
- B) Lyre
- C) Liar
- D) Lair

Psalm 44

1) According to the editors of Psalm 44, who wrote this Psalm?

- A) Sons of Korah
- B) David
- C) Solomon
- D) Moses

2) According to Psalm 44, who told us what God had done in days long ago?

- A) Our fathers
- B) The Egyptians
- C) Our ancestors
- D) The Prophets

3) According to Psalm 44 who does God decree victories for?

- A) Abraham
- B) Isaac
- C) Jacob
- D) The Messiah

4) According to Psalm 44, what does the Psalmist NOT put his trust in?

- A) His bow
- B) His army
- C) His education
- D) His God

5) According to Psalm 44, God “gave us up to be devoured” like _____

- A) Cattle
- B) Sheep
- C) Fish
- D) Grapes

6) According to Psalm 44, what do the nations do to God's People?

- A) Slaughter them
- B) Shake their heads at them
- C) Run away from them
- D) Steal their food and clothing

7) According to Psalm 44, disasters came upon the Israelites even though they had not ...

- A) Deserved it
- B) Done anything wrong
- C) Worship false gods
- D) Forgotten God

8) According to Psalm 44, God knows the secrets of _____?

- A) The mind
- B) The nations
- C) The soul
- D) The heart

9) According to the ending paragraph of Psalm 44, what does the Psalmist call upon God to do?

- A) Awake, O Lord!
- B) Rouse yourself!
- C) Rise up and help!
- D) All of the above

10) Which New Testament book quotes Psalm 44:22?

- A) Hebrews
- B) Revelation
- C) Romans
- D) Matthew

Psalm 46

1) The opening line of Psalm 46 announces that God is our...

- A) King and Lord
- B) Refuge and strength
- C) Mighty Lord
- D) Ancient Creator

2) According to Psalm 46, even if the earth gives way and mountains fall into the sea....

- A) We will remain firm
- B) The Sun will continue to shine
- C) God's promises still stand
- D) We will not fear

3) According to Psalm 46, what is the holy place where the Most High dwells?

- A) The city of God
- B) The Kingdom of God
- C) The Garden of Eden
- D) Mount Sinai

4) According to Psalm 46, what time of day will God help the holy place?

- A) At break of day
- B) At noon time
- C) At evening
- D) At midnight

5) According to Psalm 46, the God of _____ is our fortress.

- A) Abraham
- B) Adam
- C) Moses
- D) Jacob

6) According to Psalm 46, what does the LORD do with wars?

- A) Wins them all
- B) Fans them into flame
- C) Makes them cease
- D) Protects women and children from them

7) According to Psalm 46, what is "burned with fire"?

- A) The Shields
- B) The wicked
- C) Forests of Lebanon
- D) Cities of the Philistines

8) According to Psalm 46, what does the Lord say to his people?

- A) Forsake your false Gods
- B) Remember my mighty deeds in Egypt
- C) Be still, and know that I am God
- D) Do not fear

9) According to the final phrase of Psalm 46, where is the Lord Almighty?

- A) With the brokenhearted
- B) In the temple
- C) In the wilderness
- D) With us

Psalm 51

1) According to the editors of Psalm 51, when did David write this Psalm?

- A) After he had defeated the Philistines
- B) After his son tried to take his throne
- C) When Saul was trying to kill him
- D) After he had committed adultery with Bathsheba

2) Psalm 51 opens with a request that God will show _____ to David.

- A) Mercy
- B) Love
- C) Forgiveness
- D) Kindness

3) According to Psalm 51, what does David want God to do with his transgressions?

- A) Cast them far from him
- B) Blot them out
- C) Cover them
- D) Ignore them

4) According to Psalm 51, who has David sinned against?

- A) God alone
- B) God and Bathsheba
- C) God, Bathsheba, and Uriah
- D) God and Nathan

5) According to Psalm 51, David expresses his deep remorse by saying he has been sinful...

- A) From his youth
- B) From the time he became King
- C) From his conception
- D) From his school days

6) The book of _____ quotes Psalm 51:4.

- A) Acts
- B) Luke
- C) Romans
- D) I Thessalonians

7) According to Psalm 51, how clean does David want to be?

- A) Whiter than snow
- B) Bright as the sun
- C) Clear as the fresh stream
- D) Shining like the moon

8) According to Psalm 51, what does David want God to create in him?

- A) A holy hunger
- B) A hatred of sin
- C) A desire for God's Word
- D) A pure heart

9) According to Psalm 51, what does David want restored to him?

- A) The territory lost in the recent war
- B) The joy of salvation
- C) The confidence in God's presence
- D) The respect of Nathan

10) According to Psalm 51, what does David say he will do to transgressors once he is restored?

- A) Kill them
- B) Banish them
- C) Teach them
- D) Imprison them

11) According to Psalm 51, what is the sacrifice that David offers to God?

- A) A burnt offering
- B) A song of praise
- C) A broken spirit
- D) A life of service

Psalm 63

1) According to the editors of the Hebrew Bible, where was David when he wrote Psalm 63?

- A) The Tabernacle of the LORD
- B) The Desert of Sinai
- C) The Desert of Judah
- D) The land of the Philistines

2) According to Psalm 63, how is David seeking God?

- A) Wholeheartedly
- B) Earnestly
- C) Periodically
- D) Casually

3) According to Psalm 63, where has David seen God?

- A) In nature
- B) In the Law
- C) In his house
- D) In the sanctuary

4) According to Psalm 63, why does David say “my lips will glorify you”?

- A) You are the great God of Heaven
- B) You are only the God of Israel
- C) Your love is better than life
- D) Your steadfast love never ceases

5) According to Psalm 63, what does David do with his hands?

- A) Lift them up in praise
- B) Train them for war
- C) Wash the feet of his servants
- D) Fashion an idol that represents the LORD

6) According to Psalm 63, where is David when he remembers and thinks about God?

- A) In his chariot
- B) On his bed
- C) In God’s sanctuary
- D) In the pasture

7) According to Psalm 63, where is David located when he sings to God?

- A) In the depths of the earth
- B) In the belly of Leviathan
- C) In the shadow of God’s wings
- D) In the midst of God’s people

8) According to Psalm 63, what does David say will happen to those who want to kill him?

- A) They will go down to the depths of the earth
- B) Become food for the jackals
- C) Be banished to a foreign nation
- D) A & B

9) According to Psalm 63, all who swear by God will...

- A) Be saved
- B) Glory in him
- C) Honor him
- D) Conquer the enemy

10) According to Psalm 63, the mouths of liars will...

- A) Tell lies
- B) Curse God
- C) Speak truth
- D) Be silenced

Psalm 71

1) According to Psalm 71, where has the Psalmist taken refuge?

- A) In the fortress of the Babylonians
- B) In the LORD
- C) In the temple
- D) In the caves of Judah

2) In Psalm 71, the Psalmist calls upon God to do something “in your righteousness”. What is that?

- A) Fight for me
- B) Punish me accordingly
- C) Rescue me
- D) Teach me

3) According to Psalm 71, when did the Psalmist begin to rely upon God?

- A) Since youth
- B) From birth
- C) Since he got saved
- D) Since the day he got married

4) According to Psalm 71, how often does the Psalmist “declare your (God’s) splendor”?

- A) Once per week
- B) Once per day
- C) Once per month
- D) All day long

5) In Psalm 71, the Psalmist asks God to not cast him away when he is _____.

- A) Drunk
- B) Sinful
- C) Righteous
- D) Old

6) According to Psalm 71, why does the Psalmist ask God to “come quickly”?

- A) To instruct him
- B) To help him
- C) To punish the wicked
- D) To answer him

7) According to Psalm 71, the Psalmist wants his accusers to ...

- A) Bring formal charges in court
- B) Stop their lies
- C) Produce evidence of his wrongdoing
- D) Perish in Shame

8) According to Psalm 71, to whom does the Psalmist say he will declare God's power?

- A) The foreign nations
- B) The next generation
- C) The Levites
- D) A & C

9) According to Psalm 71, God's righteousness reaches...

- A) Around the world
- B) To the depths of the sea
- C) The highest mountain peaks
- D) To the heavens

10) According to Psalm 71, God has actually caused the Psalmist to see...

- A) Troubles, many and bitter
- B) God's glory in the temple
- C) The Holy one of Israel
- D) All of the above

Psalm 84

1) According to the editors of the Hebrew Bible, who wrote Psalm 84?

- A) David
- B) Sons of Korah
- C) Solomon
- D) Anonymous

2) According to Psalm 84, how is the dwelling place of the Lord described?

- A) Glorious
- B) Large
- C) Lovely
- D) Radiant

3) What birds are mentioned in Psalm 84?

- A) Sparrow and swallow
- B) Swallow and dove
- C) Dove and eagle
- D) Ostrich and raven

4) The Psalmist would rather be a doorkeeper in the house of God than what, according to Psalm 84?

- A) Dwell in the tents of the wicked
- B) Dwell in the valley
- C) A friend of the wicked
- D) All the above

5) According to Psalm 84, what will God not withhold from those whose walk is blameless?

- A) No good thing
- B) Everlasting life
- C) Blessings and riches
- D) Children

6) According to Psalm 84, the Lord is like what piece of armor?

- A) Arrow
- B) Sword
- C) Shield
- D) Helmet

Psalm 86

1) How is the Psalmist describing himself in Psalm 86?

- A) Wealthy and successful
- B) Poor and needy
- C) Unworthy and small
- D) Righteous and deserving

2) Why should the Lord guard the Psalmist in Psalm 86?

- A) He is faithful to the Lord
- B) He calls on the Lord all day long
- C) He puts his trust in the Lord
- D) All the above

3) According to Psalm 86, what is the Lord abounding in?

- A) Faith
- B) Mercy
- C) Forgiveness
- D) Love

4) Where is Psalm 86:9 quoted in the New Testament?

- A) Matthew 21:42
- B) Acts 4:25
- C) Revelation 15:4
- D) Hebrews 13:6

5) What kind of heart does the Psalmist want in Psalm 86?

- A) Undivided
- B) Loving
- C) Full
- D) Helpful

6) According to Psalm 86, who is attacking?

- A) The enemy
- B) Arrogant foes
- C) The wicked
- D) Demons

7) The Psalmist is serving the Lord just as which of his relatives did, according to Psalm 86?

- A) Father
- B) Brother
- C) Mother
- D) Sister

Psalm 90

1) The editors describe Psalm 90 as a _____.

- A) Hymn
- B) Praise
- C) Prayer
- D) Lament

2) Who do the editors give credit for the Psalm to?

- A) David
- B) Solomon
- C) Abraham
- D) Moses

3) The Lord has been a dwelling place since before what was born at the beginning of Psalm 90?

- A) Mountains
- B) Streams
- C) People
- D) Children

4) What are turned back into dust in Psalm 90?

- A) Mountains
- B) People
- C) Gold
- D) All of the above

5) What New Testament letter quotes Psalm 90?

- A) 1 Corinthians
- B) Hebrews
- C) 2 Peter
- D) Colossians

6) One day is how long to the Lord, according to Psalm 90?

- A) A thousand years
- B) Infinity
- C) A couple weeks
- D) A hundred years

7) What does the Psalmist say we will gain if we learn to number our days?

- A) Heart of praise
- B) Heart of prayer
- C) Heart of faith
- D) Heart of wisdom

8) What will be established at the end of Psalm 90?

- A) Works of God
- B) Works of our hands
- C) Works of the children
- D) All of the above

Psalm 91

1) Where will those who dwell in the shelter of the Most High rest, according to Psalm 91?

- A) Shadow of the Almighty
- B) Heaven
- C) City of Light
- D) Green pastures

2) According to Psalm 91, where will the Psalmist find refuge?

- A) Among the feathers
- B) Under his wings
- C) Within the fortress
- D) Atop the ramparts

3) What flies by day in Psalm 91?

- A) The arrow
- B) The swallow
- C) The foolish
- D) A & B

4) According to Psalm 91, where does pestilence stalk?

- A) The world
- B) Throughout the day
- C) In the darkness
- D) In the morning

5) Who quotes Psalm 91:11-12 in the Gospels?

- A) Satan
- B) Jesus
- C) Matthew
- D) The Pharisees

6) What animals will be trampled, according to Psalm 91?

- A) Great lion and serpent
- B) Cobra and lion
- C) Eagle and dog
- D) Serpent and eagle

7) Psalm 91:13 is quoted by Jesus as he talks to _____ in Luke 10?

- A) The Sadducees
- B) The 12 disciples
- C) The Pharisees
- D) The 72

8) What will be shown at the end of Psalm 91?

- A) My salvation
- B) My trouble
- C) My dwelling
- D) My hands

Psalm 95

1) Psalm 95 encourages us to shout aloud to _____.

- A) The rock of our salvation
- B) The deliverer of our faith
- C) The God of Abraham
- D) All of the above

2) According to Psalm 95, God is a great king above what?

- A) The mountains
- B) All earthly kings
- C) All the heavenly hosts
- D) All gods

3) The Lord formed this with his hands, according to Psalm 95.

- A) Man
- B) Dry land
- C) Valleys
- D) Mountains

4) Which New Testament book quotes Psalm 95 numerous times?

- A) Hebrews
- B) Revelation
- C) Philemon
- D) Matthew

5) Where should we kneel, according to Psalm 95?

- A) Before the Lord our Maker
- B) In the presence of God
- C) In the throne room of the Lord
- D) Before the temple gates

6) How long does the Lord say he was angry with that generation in Psalm 95?

- A) 40 years
- B) 100 years
- C) 1,000 years
- D) 7 years

Psalm 100

1) According to the editors of the Hebrew Bible, what is the purpose of Psalm 100?

- A) Giving grateful praise
- B) Giving peppy songs
- C) Giving grateful poetry
- D) Giving advice to the young

2) According to Psalm 100, who shouts for joy to the Lord?

- A) All the people
- B) All the earth
- C) All the heavens
- D) All of creation

3) According to Psalm 100, the Psalmist instructs to “Worship the Lord with _____.

- A) Sadness
- B) Gladness
- C) Honesty
- D) Openness

4) According to Psalm 100, the Psalmist instructs to come before Him with what kind of songs?

- A) Jocular
- B) Joyful
- C) Grateful
- D) Popular

5) According to Psalm 100, we are to know that the Lord is _____?

- A) God
- B) Good
- C) Great
- D) Gentle

6) According to Psalm 100, we are His people, the _____ of His pasture.

- A) Cattle
- B) Sheep
- C) Wheat
- D) Goats

7) According to Psalm 100, what are entered with thanksgiving?

- A) Courts
- B) Gates
- C) Doors
- D) A & C

8) According to Psalm 100, what do we enter His courts with?

- A) Thanksgiving
- B) Praise
- C) Cheerfulness
- D) Gifts

9) According to Psalm 100, what continues through all generations?

- A) His faithfulness
- B) His kindness
- C) His gentleness
- D) His Love

Psalm 103

1) According to Psalm 103, “all my _____, praise His holy name.”

- A) Heavy heart
- B) Inmost being
- C) Inner tranquility
- D) Open heart

2) According to Psalm 103, forget not all His?

- A) Blessings
- B) Benefits
- C) Gifts
- D) Goodness

3) According to Psalm 103, what does He forgive?

- A) Transgressions
- B) Sins
- C) Transmissions
- D) Iniquities

4) According to Psalm 103, what does He redeem your life from?

- A) The armpit
- B) The miry pit
- C) The pit
- D) The pot

5) According to Psalm 103, what does He satisfy your desires with?

- A) Great gifts
- B) Songs
- C) Good things
- D) Drink and food

6) According to Psalm 103, what is the Lord slow to?

- A) Fear
- B) Anger
- C) Hate
- D) Forgive

7) According to Psalm 103, how does He not treat us?

- A) As our sins deserve
- B) As we want to be treated
- C) As windy dessert
- D) As a dry wind

8) According to Psalm 103, how high is His love for those who fear Him?

- A) As high as the cedars
- B) As high as the eagles
- C) As high as the mountains
- D) As high as the heavens

9) According to Psalm 103, how far has He removed our transgressions from us?

- A) As the North is from the South
- B) As far as the East is from the West
- C) As far as the East is from the South
- D) As far as the North is from the West

10) According to Psalm 103, what is the life of mortals like?

- A) Weeds
- B) Grass
- C) Trees
- D) Bugs

11) According to Psalm 103, where has the Lord established His throne?

- A) Earth
- B) Hearts
- C) Heaven
- D) Israel

12) According to Psalm 103, who does the Lord's bidding?

- A) Angels
- B) Mighty ones
- C) Servants
- D) Cherubs

Psalm 116

1) According to Psalm 116, why does the Psalmist love the Lord?

- A) He saw me dance
- B) He heard me sing
- C) He heard my voice
- D) He heard my plea

2) According to Psalm 116, what did God hear his cry for?

- A) Safety
- B) Peace
- C) Justice
- D) Mercy

3) According to Psalm 116, what entangled the Psalmist?

- A) Cords of death
- B) Den of serpents
- C) Strings of beads
- D) All of the above

4) According to Psalm 116, what did the Psalmist say when he called on the name of the Lord?

- A) Lord, help me!
- B) Lord, I'm lost!
- C) Lord, save me!
- D) Lord, love me!

5) According to Psalm 116, our God is full of what?

- A) Justice
- B) Compassion
- C) Mercy
- D) Beans

6) According to Psalm 116, where will he fulfill his vows to the Lord?

- A) In the desert of Sinai
- B) On the holy mountain
- C) In the presence of all his people
- D) By the river

7) According to Psalm 116, what is precious in the sight of the Lord?

- A) The good fruit
- B) The death of His faithful servants
- C) Love of others
- D) His children

8) According to Psalm 116, what did the Lord free him from?

- A) Lion den
- B) Dungeon
- C) Chains
- D) Enemies

Psalm 121

1) According to Psalm 121, where did the Psalmist lift up his eyes?

- A) Clouds
- B) Mountains
- C) Hills
- D) Stars

2) According to Psalm 121, where does his help come from?

- A) Jesus
- B) Aaron
- C) Lord
- D) Holy Spirit

3) According to Psalm 121, he who watches over Israel will neither _____ nor _____?

- A) Sing nor dance
- B) Slumber nor sleep
- C) Wrestle nor jump
- D) Run nor walk

4) According to Psalm 121, what is the Lord at your right hand?

- A) Your help
- B) Your rock
- C) Your shade
- D) Your house

5) According to Psalm 121, what will the Lord watch over? Your _____ and _____

- A) Coming, going
- B) Dogs, cats
- C) Goats, sheep
- D) Houses, barns

Psalm 124

1) According to Psalm 124, who was on their side when the people attacked?

- A) Mother
- B) Lord
- C) King
- D) All of the above

2) According to Psalm 124, if the Lord wasn't on their side, what would the attacking people have done?

- A) Chopped them up
- B) Danced
- C) Swallowed us alive
- D) Perished

3) According to Psalm 124, what would the raging waters have done if the Lord wasn't on their side?

- A) Cradled
- B) Drowned
- C) Blinded
- D) Swept

4) According to Psalm 124, they escaped like a bird from a _____ .

- A) Fowler's snare
- B) Lion's jaws
- C) Father's wrath
- D) Wild fox

Psalm 127

1) According to the editors of the Hebrew Bible, who wrote Psalm 127?

- A) David
- B) Sons of Korah
- C) Solomon
- D) Moses

2) According to Psalm 127, who should be the builder of a house?

- A) The LORD
- B) Skilled craftsmen
- C) The Servant of the Lord
- D) The prophet of God

3) According to Psalm 127, the guards of a city are useless unless...

- A) The gates are closed
- B) One's enemies are foolish
- C) The Lord watches over the city
- D) All of the above

4) According to Psalm 127, who does God grant sleep to?

- A) The hard workers
- B) The people of Israel
- C) The righteous
- D) Those he loves

5) According to Psalm 127, how are children described? As...

- A) A heritage from the LORD
- B) A burden to be carried
- C) A source for labor
- D) Gifts

6) According to Psalm 127, what kind of weapon are children compared to?

- A) A slingshot
- B) A spear
- C) A shield
- D) An arrow

7) According to Psalm 127, those who have a quiver full of children will...

- A) Not live a long life
- B) Not be put to shame
- C) Have a lot of troubles
- D) Have a lot of debt

Psalm 130

1) According to the editors of the Hebrew Bible, Psalm 130 is a song of _____.

- A) Lament
- B) Praise
- C) Thanksgiving
- D) Ascents

2) According to Psalm 130, where is the Psalmist crying out to the LORD from?

- A) From the tabernacle
- B) From his hometown
- C) Out of the depths
- D) Out of his jubilation

3) According to Psalm 130, no one could stand if the LORD...

- A) Kept a record of sins
- B) Came to visit the earth
- C) Was not invisible
- D) All of the above

4) According to Psalm 130, because God is forgiving, “we can _____ you”.

- A) Fear
- B) Love
- C) Serve
- D) Hide from

5) According to Psalm 130, how much of the Psalmist is waiting for God?

- A) His heart
- B) His soul
- C) His mind
- D) His whole being

6) According to Psalm 130, who waits for the morning like the Psalmist is waiting for God?

- A) The night worker
- B) The pregnant woman
- C) The hired shepherd
- D) The watchman

7) According to Psalm 130, what kind of love is “with the Lord”?

- A) Unfailing
- B) Steadfast
- C) Divine
- D) Gentle

8) According to Psalm 130, who is God going to redeem from sin?

- A) The world
- B) The saved
- C) Israel
- D) The nations

Psalm 133

1) According to the editors of the Hebrew Bible, who wrote Psalm 133?

- A) Sons of Korah
- B) Solomon
- C) Saul
- D) David

2) According to Psalm 133, it is good and pleasant when God's people live in _____.

- A) Love
- B) Prosperity
- C) Unity
- D) Sincerity

3) According to Psalm 133, the characteristic of God's people that is "good and pleasant" is like what?

- A) Precious silver
- B) Precious Gold
- C) Precious oil
- D) Frankincense and Myrrh

4) Whose beard is referenced in Psalm 133?

- A) Moses
- B) Elijah
- C) David
- D) None of the above

5) Which mountain is referred to in Psalm 133?

- A) Zion
- B) Olivet
- C) Hermon
- D) A & C

6) According to Psalm 133, what will God do for His people who live according to the "good and pleasant" principles mentioned in verse 1?

- A) He provides them victory
- B) He bestows his blessing
- C) He protects with his mighty shield
- D) He brings into his heavenly abode

Psalm 137

1) According to Psalm 137, where is the Psalmist located when he “sat and wept”?

- A) By the rivers of Babylon
- B) By the Jordan River
- C) By the Nile River
- D) None of the above

2) According to Psalm 137, what led the Psalmist to weep?

- A) Remembering sins
- B) Remembering Israel’s glory days
- C) Remembering Zion
- D) Remembering coming punishment

3) According to Psalm 137, what were hung on the poplar trees?

- A) Robes
- B) Harps
- C) Lutes
- D) All of the above

4) According to Psalm 137, what did the capturers ask for?

- A) Songs of Joy
- B) Money from the temple
- C) Jewelry from their wives
- D) Stories of the recent wars

5) What does the Psalmist of Psalm 137 not want to forget?

- A) The LORD
- B) Damascus
- C) The Law of the LORD
- D) Jerusalem

6) Which parts of the body are mentioned in Psalm 137?

- A) Tongue
- B) Mouth
- C) Hand
- D) All of the above

7) According to Psalm 137, what does the Psalmist consider Jerusalem?

- A) His hometown
- B) His highest joy
- C) His pride and joy
- D) His mighty fortress

8) According to Psalm 137, who taunted the Israelites and said of their city, “tear it down to its foundations”?

- A) The Midianites
- B) The Hittites
- C) The Babylonians
- D) The Edomites

9) According to Psalm 137, who is doomed to destruction?

- A) Daughter Babylon
- B) Egypt mighty and proud
- C) Nineveh the Great
- D) Beautiful Damascus

Psalm 139

1) According to the editors of the Hebrew Bible, who wrote Psalm 139?

- A) Moses
- B) David
- C) Solomon
- D) Sons of Korah

2) According to the opening lines of Psalm 139, what has the LORD done to David?

- A) Searched him
- B) Punished him
- C) Pursued him
- D) Created him

3) According to Psalm 139, what is the LORD “familiar with” regarding David?

- A) All his ways
- B) The Leviathan in the sea
- C) His musical ability
- D) None of the above

4) According to Psalm 139, when does the LORD know the word David is planning to say?

- A) Before he was even born
- B) Before it is on his tongue
- C) Before the beginning of time
- D) Before the morning dawns

5) Fill in this phrase from Psalm 139: “Where can I go from your _____”.

- A) Wrath
- B) Spirit
- C) Law
- D) Presence

6) Fill in this phrase from Psalm 139: “Where can I flee from your _____”.

- A) Wrath
- B) Spirit
- C) Law
- D) Presence

7) According to Psalm 139, with what will God “hold me fast”?

- A) Your right hand
- B) Your left hand
- C) Your mighty arms
- D) Your wings of mercy

8) According to Psalm 139, where does David say God “knit me together”?

- A) In heavenly places
- B) My mother’s womb
- C) On my mother’s lap
- D) In my father’s fields

9) According to Psalm 139, why does David praise God?

- A) I am fearfully and wonderfully made
- B) I am a mighty warrior and king of Judah
- C) I am a righteous king and gentle servant
- D) I am steadfast and pure

10) According to Psalm 139, what was “written in your book”?

- A) The deeds of the kings of Israel
- B) The events of the end times
- C) The children born to me in my youth
- D) The days ordained for me

11) According to Psalm 139, what “would outnumber the grains of sand”?

- A) God’s thoughts
- B) The descendants of Abraham
- C) The blessings of God for Israel
- D) The different species of animals and birds

12) According to Psalm 139, to whom does David say, “Away from me”?

- A) The Edomites
- B) The bloodthirsty
- C) The righteous
- D) The sons of Saul

13) According to Psalm 139, who does David consider his enemies?

- A) Those who hate the LORD
- B) Those who are in rebellion against the LORD
- C) Those who worship idols
- D) A & B

14) According to Psalm 139, what does David ask the LORD to do to him?

- A) Search me
- B) Test me
- C) Lead me
- D) All of the above

Psalm 148

1) According to Psalm 148, from where is the LORD to be praised?

- A) The temple mount
- B) The hearts of humans
- C) The heavens
- D) Mount Sinai

2) Which heavenly host(s) is specifically told to praise the LORD in Psalm 148?

- A) Satan
- B) Gabriel
- C) Angels
- D) Cherubim

3) According to Psalm 148, from where is the LORD to be praised?

- A) The temple mount
- B) The hearts of humans
- C) The earth
- D) Mount Sinai

4) Complete this phrase from Psalm 148: "Praise him, you highest heavens and you waters _____."

- A) Below the skies
- B) Above the skies
- C) In the skies
- D) Inside the skies

5) According to Psalm 148, how were the heavenly hosts created?

- A) Through His mighty hand
- B) At His command
- C) Spontaneously
- D) All of the above

6) Which of the following is NOT commanded to praise the LORD in Psalm 148?

- A) Fruit trees
- B) Sea creatures
- C) Snow
- D) Fish

7) Which of the following is NOT commanded to praise the LORD in Psalm 148?

- A) Sheep
- B) Hail
- C) Clouds
- D) Cattle

8) What does Psalm 148 say about the LORD's name?

- A) It is the greatest of all names
- B) It alone is exalted
- C) It alone can bring salvation
- D) It is the name above all names

9) According to Psalm 148, what has the LORD raised up for his people?

- A) An army
- B) A horn
- C) A mighty wall
- D) A truthful ordinance

10) How does Psalm 148 describe Israel?

- A) As a stubborn nation
- B) As a people far from his holiness
- C) As a nation called to be pure
- D) As a people close to his heart

11) How does Psalm 148 begin and end?

- A) Hear Oh Israel
- B) Search me and try me
- C) Praise the LORD

Create in me